What’s Inside:

- Letters from the President and Principal
- Honor Roll
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- Resources

Be Not Afraid

O God, our beloved Father, we thank you for this day.

You know our worries, our anxieties…

Help us to be sensible and to see that worrying about things does not make them any better.

Help us to be calm, to seek your wisdom.

Help us to cast all our worries and anxieties upon you for we know that you care for us.

We believe and trust in you, and in the peace that you alone can provide.

Enrich us with your love and your grace.

Amen.

Blessed Edmund Rice…

Live Jesus in our hearts…
Dear People of Palma,

Where does one begin writing in the presence of so much unknown? Who would have thought such a catastrophe as that which is upon us, the COVID-19 pandemic, could be possible in this day and age? It is easy at this time to be pessimistic in seeing little, if any, silver lining in this dark cloud that threatens our very way of life. The new verbiage with which we are all too familiar — “social distancing,” “flattening the curve,” “long-haul,” and “turbulent time,” among others, have grabbed our attention in challenging us to break old habits and adjust to new standards of behavior in a changing society. The “old ways” of doing business are gone with little likelihood of a quick return anytime soon.

The time with which the administration and faculty and staff and students made the adjustment to “on-line learning” has been remarkable. There was a genuine appreciation from students and teachers alike to re-connect and get on with the academic assignments as the educational process continued. All of us here at Palma understand the impact this national emergency has had on our plans for this school year — on the academics and the ambitious extra-curricular programs that abound here on a regular basis: campus ministry outreaches, athletic programs, clubs, social interactions, music, and religious services. My heart aches for those who are losing so much with little, if any, opportunity to regain what will have been lost, especially for members of the Palma Class of 2020 in a whole host of ways.

I know our teachers and staff remain prepared to help students and their families during this crisis and can be reached through email to answer questions or to hear of your concerns. We know this national emergency will eventually end. When it does, Palma will be back, stronger than ever, ready to pick-up the pieces and put things together as circumstances allow. It is my prayer that each member of the Palma community help by any means possible to bring this global nightmare to closure as each of us has already faced challenges with the promise of more difficult days to come. Please know each of you is in my prayers for the grace to make a difference in this battle. I thank you for your support, prayers, compassion and perseverance. Stay safe and well.

Sincerely,

Brother Patrick D. Dunne, C.F.C.
President
Dear People of Palma,

Be not afraid.

Theologians tell us that the phrase “do not be afraid” appears in the Bible 365 times. I have never counted them but I’ll take their research for granted. Science calculates there are 365.2422 days in a year. I think I’ll take their calculations for granted, too, even to the ten thousandths place!

What is the Lord up to? What is God saying about how we ought to approach every day of the year?

Moses once told Joshua “in the sight of all Israel...He will be with you; He will not fail you or forsake you. Do not fear or be dismayed” (Deut. 31:8).

The transfigured Christ tells Peter, James and John, “Do not be afraid” (Mt 17:8).

Keenly aware of the anxiety of his friends locked in an upper room after his crucifixion in Jerusalem, the resurrected Christ miraculously appears to his disciples “in self quarantine” from danger. He says to them, “Peace be with you” (Jn. 20:21).

Palma is a prep school. Our mission here is to prepare the sons of Palma for success beyond Palma, in college, in the community, in their families, and ultimately for Heaven. There are some rich mercies and miracles among us and before us, even despite the loss and terrific human suffering. And our Lord’s message to us is this: be not afraid! Read Matthew 6:25-34 and let us put our trust in the Lord! Go Chieftains!

Yours in Blessed Edmund Rice,

David J. Sullivan
Principal
Third Quarter Honor Roll

Congratulations to those students with a GPA of 3.2 and above for earning a place on the third-quarter honor roll. Students whose GPA is from 3.2 to 3.49 have earned second honors, and those with a 3.5 and above have earned first honors, with those earning 4.0+ designated as such.

**Grade 7**

4.0+ First Honors
- Lukas Hett
- Lucas Milburn
- Nicolas Pezzini
- Enrique Saavedra
- **First Honors**
  - Benjamin Alcantara
  - Brady Amaral
  - Johnny Carnazzo
  - Matthew Garcia-Galindo
  - Alan Gonzalez
  - Isidro Hernandez
  - Ivan Hu
  - Rogelio Jacinto
  - Jared Kallenberger
  - Mark Macias
  - Sebastian Mazariegos
  - Jose Montes
  - Daniel Pedersen
  - Christian Ramirez
  - Luke Ruelas
  - Maxwell Sanchez
  - Dean Silacci
  - Lucas Umberger
  - Adrian Valadez
  - Phillip Velasquez
  - Jaskaran Walia
  - William Ward
  - Ethnian Wilson

**Second Honors**
- Noah Cabanas-Granados
  - Dominic Chaidez
  - Dylan Newcomb
  - Michael Padilla
  - Alistair Perkins
  - Brady Short

**Grade 8**

4.0+ First Honors
- Matthew Arbizu
- Nicholas Bengard
- Esteban Berrelleza
- Evan Bobadilla
- Tyler Cina
- Thomas Ducker
- Anmol Ghuman
- Noa Kawamoto
- Luka Kawamoto
- Drew Molnari
- Jaideep Nahal
- Nicolas Veliz
- Timothy Youssuf
- Dante Zanger

**First Honors**
- Diego Calusdian
- Brandon Chrisman
- Roberto De Leon
- Marcus Hernandez
  - Dax Huynh
  - Dylan Jaynes
  - Ian Jury
  - Felipe Lopez
  - Christopher Martinez
  - Corbin Osborn
  - Gabriel Orando
  - Ryder Ritchie
  - Caleb Romero
  - Timothy Slater
  - Esteban Sotelo
  - Ayden Valdez Garcia
  - **Second Honors**
  - Dylan Calabro
  - Brendon Datta
  - Nathan Garcia
  - Ethan Gonzalez
  - Kai Kawamoto
  - Gavin Martinez
  - Steven McCarty
  - Thomas Nunes
  - Gianni Ponce
  - Logan Saldate
  - Brandon Sierra
  - Riley Sutton
  - Robert Thompson
  - Diego Villareal
  - Lukas Zanger

**Grade 9**

4.0+ First Honors
- Kyle Abdellah-Real
- Marc Asuncion
- Pierce Balestrieri
- James Connors
- Elias Faroote-Krucho
- David Hodges
- Troy Houghton
- Matt Iverson
- Adan Mazaiga
- Sterling Martin
- Carl Nielsen
- Suyesh Niraula
- Griffin Short
- Brendan Watson

**First Honors**
- Christian Abobo
  - Alexander Aldersert
  - Francisco Barragan
  - Cooper Bonessa
  - Nick Braga
  - Andy Camacho
  - Uriel Chavez
  - Bradley Collins
  - Jhovann Cruz-Chavez
  - Cage Foxworthy
  - Aidan Freeman
  - Matthew Fuqua
  - Grady Garzo
  - Gursewak Ghuman
  - Omar Gonzalez
  - Logan Guerini
  - Gabriel Herbst
  - Zechariah Hernandez
  - Ivan Hora
  - Jayden Kim
  - Carson McPherson
  - Luke Moran-Murphy
  - Sebas Nuñez
  - Noah Olazanoski
  - Evan Russo
  - Tatum Sanders
  - Owen Sargenti
  - Anthony Secundo
  - Joe Slacci
  - Horacio Suarez
  - Sebastien Trinidad
  - Logan Umbarger
  - Daniel Westing
  - Quentin Williams

**Second Honors**
- Leonardo Alejandro Cardenas
  - Aidan Clarke
  - JC Escutia
  - Andrew Estrada
  - Rob Galli
  - Matthew Houck
  - David Hu
  - Tony Lopez
  - Sergio Regio Barreno
  - Giovanni Santamarina
  - Benjamin Scattini
  - Justin Seay

**Grade 10**

4.0+ First Honors
- Colton Amaral
- Noah Andersen
- Javier Avila
- Josh Bassetti
- Kyle Batacan
- Moises Benito
- Michael Blom
- Joseph Bucholtz
- Adam Bucholtz
- Tomas Calusdian
- Joseph Cardina
- Keith Day
- Gavin Deckey
- Kevin Espinas
- Charles Hayden
- Maddux Hrejich
- Jake Mahler
- Nathan Mei
- Aryan Nahal
- Andrew Newcomb
  - Jacob Nguyen
  - Chandler Nicholson
  - Seth Nino
  - Andy Ottone
  - Martin Perez
  - Paul Rivera
  - Ryan Roggio
  - Luke Rossi
  - Darrell Suhat
  - Kyle Tomimbang
  - Hunter Vaccarezza
  - Cade Wheeler

**First Honors**
- Caesar Aldersert
- Daniel Aquino
  - Samuel Bustanga Marquez
  - Sean Bosch
  - Ashdeep Cheema
  - Joseph DiSfrau
  - Michael Evergreen
  - Cezar Filimun
  - Andrew Flores
  - Anthony Giannamano
  - Sam Gomez
  - Paul Lester
  - Eamon Malley
  - Christopher McCarty
  - Henry Mondejar
  - Vincent Nino
  - Michael Ramirez
  - Christian Theroux
  - Jeremy Valenzuela
  - Carlos Vargas
  - Kai Yasuda
  - Emilio Zavala
  - Carlos Zavala Zamudio

**Second Honors**
- Frederick Barnes
- William Black
- Ethan Christian
  - Tiaraan Faisal
  - Joseph Finley
  - Nate Jean-Pierre
  - Sal Lagana
  - Haden Mitchell
  - Gage O'Brien
  - Benjamin Salas
  - Jacob Valdez

**Grade 11**

4.0+ First Honors
- JT Amaral
- Evan Asuncion
- Niel Beach
- Owen Bengard
  - Marshall Bouquet
  - Xavi Contreras
  - Connor Coventry
  - Jake Davidson
  - Josh Delapena
  - Aidan Dobbs
  - Augie Dunston
  - Oklani Hautau
  - Blake Iverson
  - Jack Kaminski
  - Erick Lombardi
  - Matt Lopez
  - Nevil Manimaran
  - Kevin Martinez
  - Viet Nguyen
  - Shane Olazanoski
  - Michael Ravera
  - Anthony Santa Ana
  - Anthony Scattini
  - Josh Samagan
  - Taimoor Syed
  - Andrew Zendejas

**First Honors**
- Darian Atz
  - Christian Avila
  - Nicholas Baumstark
  - David Cervantes Bernal
  - Gino Grier
  - Gabriel Juanaregu
  - Louie Lavorato
  - Arsalan Syed

**Second Honors**
- Jordan Amador
  - Gianvitto Carrilho
  - Zach Fibrow
  - El Fulgencio
  - Julian Garcia
  - Aaron Garibay
  - Jimmy Nielsen
  - Jay Pandya
  - Rhett Parker
  - Sean Parra
  - Daniel Perera
  - Abel Perez
  - Noah Puleallie
  - Rudy Salas
  - Jonah Shannon
  - Nicky Smith
  - Matt Stoughton
  - Abelardo Torres Garcia

**Grade 12**

4.0+ First Honors
- Jon Jon Berring
- Jack Busch
  - Giuseppe Flores
  - Josh Kittel
  - Aidan Lafferty
  - Thomas Lundy
  - Michael Macias
  - David Nino
  - Isaac Paulo
  - Ethan Pavlet
  - Joseph Pini
  - Jakob Reinhardt
  - Wade Randa
  - Steven Said
  - Jacob Serrano
  - Prabjot Singh
  - Phil Sites
  - Jake Strachan
  - Ali Suniga
  - Julian Torres
  - Alex Vasquez
  - Jose Velasquez
  - Tyler Whitehead
  - Hudson Wood
  - Ben Wood

**First Honors**
- Quinten Arellano
- Simon Bosch
- Luke Brigantino
- Daniel Cabrera
  - Mateo Carlos
  - Adam Castro
  - Vinny Crivello
  - Ben Eastman
  - Joseph Gestallo
  - Dainel Golden
  - Kolby Gooder
  - Jake Herbst
  - Joshua Hernandez
  - Aidan Juarez
  - Ben Lukasko
  - Austin Martinez
  - Feras Masawe
  - Donnavon McAbee
  - Henry McKelvie
  - Jaden Mendoza
  - Danny Muñoz
  - Dominic Nale
  - Gabe Nale
  - Micah Olivas
  - Samuel Pry-Henion
  - Emmanuel Rubalcava
  - Nicholas Slater
  - Kyle Sutherland
  - Anthony Villegas
  - Robert Weissberg
  - Kakeo Yasuda

**Second Honors**
- Matt Bassetti
- Isaiah Corpus
- Michael Culcasi
- Daniel Dominguez
- Sal Lopez
- Isabel Martinez
- Luke Mendoza
  - Shiam Panchal
  - Nate Tsuchiya
  - Abram Valdez
Lent
Lent is a time for deepening: deeper and more frequent prayer, more dedicated fasting, and more intentional almsgiving.

The big three of Lent — prayer, fasting, and almsgiving — form a trinity. Entering into one we find the other two calling us as well.

Almsgiving
Thank you, Palma students and parents, for our request for goods for the homeless. Mrs. Mirassou and I, along with Mr. Beesley and others, have been delivering to those most in need. We respect social distancing when delivering and this is not something we encourage you to do. During these difficult days, separation is compassion. Students and parents drop off goods at school and we deliver them. It works well. The “least of them” receive what they need while the majority stay sheltered.

Featured below are two friends of ours surviving on the streets: Jennifer and Daniel. Courtesy of you, they are better equipped to endure the weather and to eat. Tents, socks, gift cards for food, jackets, and other items are always in need. This may be a good time to look in your closets, attic, or garage to see what you can give. Deliver to school what you can. Your gift lifts their life chances. Thank you for being the Body of Christ — hands, feet, and holy heart for all humanity.

Sheltering in place
The Palma School website has some suggestions to help you during this time of sheltering in place. Click the button below.

Week 5 of Lent: Making the most of suffering
How many times have you been struggling and someone says to you “Offer it up to God”? Often that phrase makes us roll our eyes in irritation. But the idea of offering our suffering up to God is actually a valid one! Suffering, whether in big ways or small ways, provides us many opportunities to grow in holiness!

In the video link below you will find ways to unite your sufferings or inconveniences to Jesus and his sufferings in a way that allows the most good to come out of them. This week let’s make the most of our situation by prayerfully lifting ourselves and our sufferings to God.

— 2 Corinthians 4:6
After the FAFSA — what happens next?
All seniors should have received their SAR (Student Aid Report) and their EFC (Expected Family Contribution). The EFC is what the Department of Education expects a family to contribute yearly to the student's college financial aid costs. This figure is calculated from the prior year’s tax information.

Did you know that a family could ask that the EFC figure be changed? This is done through a financial aid term, Special Circumstance. Especially now in these difficult times, many families' situations have changed drastically from last year's earnings. Has someone in your family lost their job? Has someone had his or her hours cut? Have there been unusually high medical bills? These, and more, are valid reasons for changing the EFC figures. Families must send documented, written, statements to the financial aid offices at each of the colleges/universities to which your student is applying. The Financial Aid Officers are allowed Professional Judgment to look at each of the cases and make a determination as to allow or disallow these changes to the tax figures or other areas on the FAFSA. Remember that most financial aid offices are very small compared to the number of SAR's they must sort through to award aid at their institutions and most work is done through automation. If you are sending in documentation for Special Circumstance consideration, you must be persistent! Keep a record on what was sent, date and time of calls to the office, who you spoke with, and what information was given to you as follow-up to your request.

There are free helpful web-based tools out there to help you better understand the financial aid process. Visit Simple Tuition (www.simpletuition.com) for more information on financial aid.

CSU Early Start program
The CSU system has a policy known as “Early Start” requiring incoming students who do not demonstrate readiness for college-level math and/or English to begin remediation during the summer before coming to the CSU. The goal is to better prepare students in math and English before their first semester, thereby improving their chances of completing a college degree.

NOTE: Early Start has been cancelled at most CSU’s this summer. Check with the CSU of your choice to find out.

Upon admission, CSU campuses will inform students how and where to sign-up for Early Start. Early Start math and English courses are available at every CSU campus, and online. Financial aid is available for those demonstrating need.

AWPE exam for seniors who have been accepted to the UC
UC will administer the Analytical Writing Placement Examination (AWPE) in May to students who have been admitted to the university for fall 2020 and who, by April 1, have not satisfied the Entry Level Writing Requirement (ELWR) by other means. Students who have met the requirement through acceptable exam scores or transferable college-level coursework are not required to take the AWPE. For more information on the AWPE and ELWR, including access to AWPE exam reports by school or county, please visit the ELWR website. www.ucop.edu/elwr/

Students can satisfy the requirement by scoring:
- 30 or better on the ACT, English Lang. Arts; or
- 680 or better on the SAT, Evidence-Based Reading and Writing; or
- 3 or above on either Advanced Placement Examination in English;
**Senior monthly reminder**

- Expect to receive acceptance letters and financial aid offers by mid-April
- If you haven’t visited the college you’ve decided to attend, do so before accepting
- Record in Naviance which college you will be attending
- Record in Naviance all scholarships you are receiving
- If you have questions about housing, talk to your counselor or call the college
- Prepare for any Advanced Placement Program (AP) exams you plan to take

Exams you plan to take

- Inform all colleges to which you applied of your admission and financial aid decisions by May 1st. Send a deposit to only one college.

**Junior monthly reminder**

- Sign up to take the SAT and SAT subject tests in June
- If you plan to play a sport in college and you haven’t signed up with the clearinghouse you need to do that now ([www.eligibilitycenter.org](http://www.eligibilitycenter.org))
- Continue to explore colleges and financial aid opportunities
- Look into summer programs, workshops, internships, or jobs

**Boys State**

Congratulations goes out to Marshall Boutonnet ’21 for being selected to participate in the annual California Boys State leadership camp! Boys State is a nationwide program with a number of excellent organizations educating young men to be the leaders of tomorrow. American Legion Boys State is among the most respected and selective educational programs of government instruction for US high school students. A participatory program in which students become part of the operation of local, county and state government. Boys State was founded in 1935.

**AP exam update**

The AP Program will invest heavily over the next month in the following ways:

- For the 2019-20 exam administration only, students can take a 45-minute online exam at home.
- For each AP subject, there will be two different testing dates.
- To be fair to all students, the exam will only include topics and skills most AP teachers and students have already covered in class by early March.
- Colleges support this solution and are committed to ensuring that AP students receive the credit they’ve worked this year to earn.
- Students will be able to take these streamlined exams on any device they have access to — tablet, computer, or smartphone. Taking a photo of handwritten work will also be an option.
- Low-income and rural students will be given the tools and connectivity they need to review AP content online and take the exam. Students needing mobile tools or connectivity should contact us directly.

Students will be supported with free resources. While AP Exam Administration encourages students to wait until closer to the test date to decide, any student already registered can choose to cancel at no charge.

Information about the reduced scope of content that will be covered on each 2020 AP Exam is currently posted on [AP Central®](https://apcentral.collegeboard.org). The specific test dates and the free-response question types will all be posted by April 3. They’ll also unlock any relevant free-response questions in AP Classroom for digital use so students can access all practice questions of the type that will appear on the exam.

Students and schools now have access to free, live AP review lessons, delivered by AP teachers from across the country. The lessons will focus on reviewing the skills and concepts from the first 75% of the course. These mobile-friendly classes are:

- Designed to be used alongside work that may be given by schools.
- Recorded and available on-demand so teachers and students can access them any time.

### Schedule of SAT/ACT test dates

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Register by</th>
<th>Late Reg. Deadline*</th>
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<tbody>
<tr>
<td>SAT May 2, 2020</td>
<td>Cancelled</td>
<td>Cancelled</td>
</tr>
<tr>
<td>SAT Jun 6, 2020</td>
<td>May 8, 2020</td>
<td>May 27, 2020</td>
</tr>
<tr>
<td>ACT Jun 13, 2020</td>
<td>May 8, 2020</td>
<td>May 22, 2020</td>
</tr>
<tr>
<td>ACT Jul 18, 2020</td>
<td>Jun 19, 2020</td>
<td>Jun 26, 2020</td>
</tr>
</tbody>
</table>

* A late fee will be added after the “Register by” date.
Our latest challenge
We are looking at the current health situation closely and will let you know if or when practices and games will resume. This also applies to the annual golf tournament, which was previously scheduled for May 1st. We appreciate your patience and support and look forward to things getting back to normal. I will keep you informed as updates become available.

Monterey Herald’s All-County Basketball Team
Congratulations to the following varsity basketball players for being named to Monterey Herald’s All-County Team:
- Joey Finley ’22 (11.9 ppg / 6.8 rpg)
- Aaron Garibay ’21 (12.2 ppg / 43.3% free throws)
- Nate Jean-Pierre ’22 (10 ppg / 5 rpg)
- Aj Suniga ’20 - honorable mention

For all of your daily athletic updates please follow me on twitter at @Coach_Rbishop. I tweet fun information regarding Palma Athletics.

THANK YOU
Thank you to all of the volunteers who helped with the St. Patrick’s Luncheon. From set up the day before to getting up in the wee hours of the morning to make sandwiches, we appreciate your help! We also had 20 families bake desserts for the Dine In Luncheon and they were fabulous. The best yet! Thank you for all you do to make Palma a better place!

Stay in touch with the Palma community by visiting our social media regularly.
**E-School and Shelter in Place remain the orders of the day.**

Until we can resume our regular at school activities, we will not be publishing a calendar. However, you can still access the calendar on our website. A new calendar, along with a lunch menu, will be sent when things are scheduled to return back to normal.

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**Mental and Emotional Health Resources During COVID-19 Pandemic**

### National Resources
- The National Suicide Prevention Hotline: 1-800-273-TALK (8255)
- Substance Abuse & Mental Health Services Admin: 1-800-985-5990 or text TalkWithUs to 66746
  - Crisis Hotlines: 1-877-663-5433 or locally at 831-458-5300
- The National Crisis Text Line: text Connect to 741741
- National Hopeline Network: 1-800-784-2433
- LGBTQ+ National Youth Talkline: 1-800-246-7743

### California Based Resources
- California YOUTH Crisis Line: 1-800-843-5200
- California Peer-Run Warm Line: 1-855-845-7415
- Beacon Health, Mental Health referrals for Medi-Cal beneficiaries: 1-855-765-9700

### Monterey County Based Resources
- Natividad Medical Center Crisis Line: 831-755-4111
- Monterey County Behavioral Health: 888-258-6029
- Community Human Services: 831-658-3811
- Interim, Inc. OMNI Warmline: Call 831-800-7660, text 831-998-7916, omni@interiminc.org
  - Valley Health Associates: Youth Outpatient Drug Treatment: 831-424-6655
- Equine Healing Collaborative, Marriage and Family Therapists and Social Workers, 831-582-1017
- Harmony at Home: Carmel (831) 625-5160, Salinas (831) 272-6644, Sarah@Harmony-At-Home.org
- NAMI (National Alliance for Mental Illness) Monterey: info@namimonterey.org or 831-422-NAMI
- Monterey County United Way: Call 2-1-1 or text your zip code to 898-211
- Sam’s Guide: [http://mcdss.co.monterey.ca.us/docs/SAM%27s_GUIDE_2019.pdf](http://mcdss.co.monterey.ca.us/docs/SAM%27s_GUIDE_2019.pdf)

*You are not alone! You deserve support! There are people ready to help!*